

NFL TRAILBLAZERS

Hiking on Fridays for Recreational Exercise 2023 Spring Hikes

- Trailblazers' hikes are intended to be a bit challenging. Hikes are usually between 4.5 and 6.5 miles in length, but could be up to 8 miles or more. The hikes are rated up to moderately difficult and may include elevation changes that may be over 1,000 feet.
- Trailblazers like to eat and hikes are usually followed by a lunch option.
- Register for Trailblazers class and sign Maricopa Community Colleges Risk Form. If you signed the new form in Fall 2021, you're good to go.
- Hikes are on Fridays, with an occasional non-Friday special event. You will get weekly emails with details about the hike, hike leader, meeting time and carpool location.
- **The schedule may change, so watch for weekly emails.**
- **We try to accommodate the wishes of the Trailblazers (i.e. keeping most of the hikes in the Valley, keeping the length and elevation within reasonable limits)**

- Jan 13 **Massacre Grounds, Superstition Wilderness:** 5.8 miles, 1,092 feet elevation gain,
Leader: Marie
- Jan 20 **Golden Eagle/Cthulhu's Revenge/FR1356, Goldfield Mountains:** 3.8 miles, 800 feet
elevation change, Trailhead: Bulldog Canyon South Entrance. Leader: Greg
Note: Shorter hike due to online and in-person Open House.
- Jan 27 **Holbert Trail, South Mountain:** 4.6 miles, 1,115 feet elevation gain, Entrance on
North side of South Mountain. Leader:
- Feb 3 **Tom's Thumb, Scottsdale McDowell Sonoran Desert Preserve:** 4.0 miles, 1,236 feet
elevation gain, Leader:
- Feb 10 **Union Peak Loop, Phoenix Sonoran Desert Preserve:** 5.6 miles, 902 feet elevation
gain, East of I-17, Leader:
- Feb 17 **Rainbow Valley to Toothacher Loop, Estrella Mountains Regional Park:** 6.4 miles,
610 feet elevation gain, Leader:
- Feb 24 **Mesquite Flat Y Trail, Superstition Wilderness:** 5 miles, 750 feet elevation gain,
Jeep road after crossing Mesquite Creek on Apache Trail. Leader:
- Mar 3 **Thunderbird Park Three Peaks Loop, Glendale:** 7.3 miles, 1,400 feet elevation gain,
West of I-17 and North of AZ-101, Leader:
- Mar 10 **Idaho Pass Trail, Goldfield Mountains:** 5 miles, 500 feet elevation gain, Trailhead at
end of Idaho Road (Deer Tanks, Bulldog Canyon, Wolverine Pass.....). Leader:
- Mar 17 **Verde River Trail #11, Tonto National Forest, Sheep Bridge:** 6 miles, 500 feet
elevation gain, Leader: Greg
- Mar 24 **Go John Trail, Cave Creek Regional Park:** 6.1 miles, 869 feet elevation gain,
Leader: Greg

- Mar 31 **Gateway to Bell Pass, McDowell Sonoran Preserve:** 6.2 miles, 1,500 feet elevation gain, Leader:
- Apr 7 **Tortilla Ranch Trail via FR 213, Superstition Wilderness:** 6.4 miles, 662 feet elevation gain, Leader:
- Apr 14 **Warpaint Loop, South Mountain:** 7 miles, 1,100 feet elevation gain, Leader:
- Apr 21 **Ford Canyon Trail + Waterfall Trail, White Tank Mountains Regional Park:** 5.8 miles, 900 feet elevation gain, Leader:
- Apr 28 **Parson's Trail, Clarksdale:** 7.3 miles, 810 feet elevation gain, Leader: Ron

For additional information contact a facilitator, Greg Master, at gamst51@gmail.com, Marie-France Gannsia, at mariefranceganansia@gmail.com, Ron Schueman at rcsschueman@gmail.com

The schedule will be posted to the New Frontiers website as it is updated throughout the season

Trailblazers Meeting Place's for Carpooling

Country Club and Brown (1025 N. Country Club)

The Mesa Schools Student Services Center is located on east side of Country Club just south of Brown Rd. Meet at the south end of the parking lot at the corner of 9th Place and Country Club.

Dobson and Southern Campus (Main MCC Campus)

The Southwest corner of the Southwest Parking Lot (Dobson Rd. & US 60).

Superstition Springs Mall

Power Rd. & US 60. Meet in the southeast corner of the Superstition Springs Mall parking lot inside the outer circumference drive across from the late "Toy's R Us".

MCC Red Mountain Campus

The Red Mountain Campus is located at Power Rd. and McKellips. Meet in parking lot #3 across the street from the main campus buildings.

Gilbert and McKellips

Southeast side of the intersection east of Starbucks.

Due to the limited parking spaces at many trailheads, carpooling is preferred. Donations to help pay for gas are recommended and greatly appreciated by our drivers.

Disclaimer: Hiking is a personal choice and involves personal responsibility. Prepare for the hike, dress for current and unexpected weather changes, and bring plenty of water. Hiking and associated trail activities are dangerous and may expose you to risks. Risks can be reduced by preparation and training, but risks **cannot be eliminated.**

Strongly Suggested: water, hat, hiking boots or sturdy shoes, walking stick, snack, sunscreen and insect repellent.

Required: All hikers must carry an ID.